



# Digital Citizen

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Someone who uses technology responsibly to learn, create, and participate



MEDIA BALANCE & WELL-BEING

We find balance  
in our digital lives.

DIGITAL CITIZENSHIP | GRADE 4

# My Media Choices

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# Essential Question

what makes a healthy media choice?



# Media



All the ways that large groups of people get and share information (TV, books, the internet, newspapers, phones, etc.)



# Media Choices

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Time spent watching, listening to, reading,  
or creating media

## Directions:

1. Look at the following slides. Each one has a "media choice" that someone else has made.
2. As you see each slide, think about how this media choice would make you feel, if it were a choice you had made.
  - If you think it's a positive feeling, show a thumbs up
  - A not so great feeling, thumbs down

**What?**

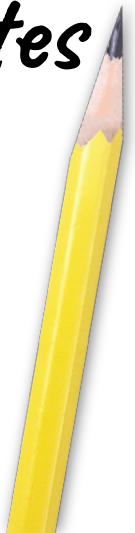
**When?**

**How  
Much?**

*I watched  
YouTube cat  
videos on my  
mom's iPhone.*

*Monday  
morning,  
before school*

*For about  
20 minutes*



**What?**

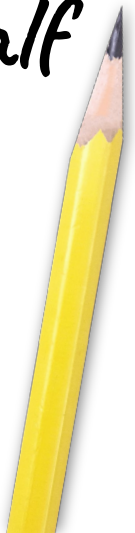
**When?**

**How  
Much?**

*I watched  
Trollhunters on  
Netflix (on my  
iPad).*

*Late on  
Wednesday  
night, in bed,  
until I fell  
asleep*

*For two  
and a half  
hours*





**What?**

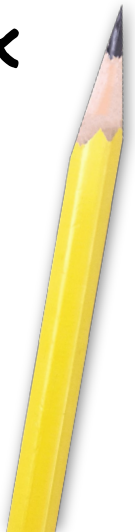
**When?**

**How  
Much?**

*I played an  
online game  
(Fortnite) on  
my parents'  
computer.*

*On Saturday,  
pretty much  
all day*

*Probably  
about six  
hours*



**What?**

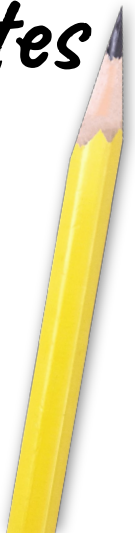
**When?**

**How  
Much?**

*I talked to my  
grandma on  
FaceTime (on my  
dad's iPhone).*

*Tuesday  
evening, right  
before dinner*

*For about  
10 minutes*



**What?**

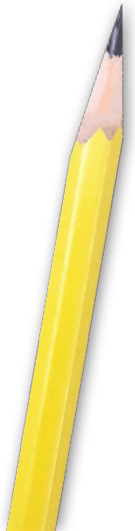
**When?**

**How  
Much?**

*I read a book  
that I'm really  
into right now  
(Wonder).*

*Tuesday  
evening, after  
dinner*

*For about  
an hour*



# What makes a healthy media choice?

## What?

What are the media you're consuming (or creating)?

What platforms are you using to consume the media (i.e., a streaming platform like Netflix)?

or ...

What device(s) are you using to consume (or create) the media?

## When?

When are you consuming (or creating) the media?

What time of day? What day of the week?

What else is happening at this time (i.e., is it during dinner time, right before bed, etc.)?

## How much?

How much media are you consuming?

How long are you spending with the media at one time?

How often are you consuming the media?



WATCH + DISCUSS



To watch this video on the Common Sense Education site, click [here](#).

As you watch think about:

- How are some media choices more healthy or less healthy than others?
- What is "media balance"? How might it be different for different people?



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# Media Balance

Using media in a way that feels healthy and in balance with other life activities (family, friends, school, hobbies, etc.)

We find balance  
in our digital lives.





PRIVACY & SECURITY

We care about everyone's privacy.

DIGITAL CITIZENSHIP | GRADE 4

# Private & Personal Information

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# Essential Question

what information about you is OK to share online?



# Did You Know?

- ✓ The human brain is wired to share with others.
- ✓ When your brain gets excited, you feel emotions, and something called the “autonomic nervous system” causes you to want to share with others.
- ✓ Sharing with others has lots of cool benefits:
  - ♥ **It helps you feel good!** Sharing positive experiences helps you remember them, even after they’re over.
  - 💡 **It helps you learn!** Sharing knowledge helps everyone be more informed.
  - 👤 **It helps you connect!** Sharing your interests is a way to make new friends and strengthen relationships.
  - 📢 **It helps you persuade!** Sharing what you care about can inspire others to act and to support good causes.

**Source:** "Why Do We Share Stories, News, and Information with Others?," *Association for Psychological Science*



WATCH + DISCUSS



To watch this video on the Common Sense Education site, click [here](#).

- What type of information about you is okay to share?
- What type isn't?



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## Private Information

Information about you that can be used to identify you because it's unique to you (e.g., your full name or your address)

## Personal Information

Information about you that cannot be used to identify you because it is also true for many other people (e.g., your hair color or the city you live in)

We care about  
everyone's privacy.



DIGITAL FOOTPRINT & IDENTITY

We define who we are.

DIGITAL CITIZENSHIP | GRADE 4

# Our Online Tracks

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*integrity*

# Essential Question





How does our online activity affect the digital footprints of ourselves and others?



# Directions

Mac the lion spends a lot of time online. For each activity, decide what it might tell you about Mac and whether they are in control of this activity.



| Footprint activity  | If you saw it, what might it tell you about Mac?  | Is Mac in control of this?  |
|---|---|---|
| Mac appears in a video of the school play that the principal posted on a video-sharing site.                    | <ul style="list-style-type: none"> <li>● Mac enjoys acting.</li> <li>● Mac is close to their family.</li> </ul>                                     |  |
| Mac posts comments about dancing videos on YouTube.   | <ul style="list-style-type: none"> <li>● Mac is a dancer or is interested in dancing.</li> </ul>  |  |
| Mac creates a long wish list of things they want for their birthday on the principal's online shopping account. | <ul style="list-style-type: none"> <li>● Mac's birthdate..</li> <li>● what they are interested in buying or having someone buy for them.</li> </ul> |  |
| Mac appears in a picture their friend posted on social media.   | <ul style="list-style-type: none"> <li>● whom Mac is friends with.</li> <li>● what Mac and their friends like to do.</li> </ul>                     |  |



# Digital Footprint

A record of what you do online, including the sites you visit and the things you post. It can also include things that others post that involve you, such as pictures or comments.



# Responsibility

A duty you have to yourself or others

## Responsibilities to Ourselves

- Show your best self when you're online
- Only post things you're comfortable showing publicly

## Responsibilities to Others

- Get permission before posting a pic of someone or tagging them
- Treat others online how you would want to be treated

We define  
who we are.

DIGITAL CITIZENSHIP | GRADE 4

# Be A Super Digital Citizen



# Essential Question

How can we be upstanders when we see cyberbullying?



## WATCH + DISCUSS



## Discuss:

What does a "super digital citizen" do?

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# Cyberbullying

Using digital devices, sites, and apps to intimidate, harm, and upset someone





# Upstander

A person who supports and stands up for someone else

We are kind  
& courageous.



NEWS & MEDIA LITERACY

We are critical  
thinkers & creators.

DIGITAL CITIZENSHIP | GRADE 4

# A Creator's Rights and Responsibilities

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# # MEDIA LITERACY



# Essential Question

what rights and responsibilities  
do you have as a creator?

# Think

What does the word "creator" mean?





# Copyright ©

Legal protection that creators have over the things they create.

# What's Copyright ©

## Word Bank

**intellectual property:** the ownership of something you create, giving you a right to how others use it

**attribute:** giving credit to the person who created something, such as listing the author's name and date, or a citation

**copyright (©):** legal protection that creators have over the things they create

**plagiarism:** using someone's creative work without providing attribution

**license:** a clear way to define the type of copyright creative work has so others know how they can use it





## Ask

- What kind of copyright license does the creative work have?
- Do I need to get permission from the creator to use it?

## Attribute

- Have I provided attribution to the creator?

We are critical  
thinkers & creators.



# 4th Grade Digital Citizenship

## Your Media Choices



## Private & Personal Info



## Our Online Tracks



# 4th Grade Digital Citizenship

Be a Super  
Digital Citizen



A Creator's  
Rights and  
Responsibilities



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